



Big Idea

Just as God provided daily manna for Israel, He provides daily spiritual nourishment through His Word. If we want to be spiritually strong, we must meet with Him daily.

1. Take the Walk Daily (Exodus 16:4)

God provided the manna—but the people had to go get it.

Application Questions:

- What did God want to test the people by giving them manna?
- What does the manna provision in general say about both God and us?
- Are you relying on one spiritual “meal” a week? What does that look like in your life?
- In what ways might pride be keeping you from depending on God daily?

2. Today's Bread Is for Today (Exodus 16:19–20)

Manna couldn't be stored—it spoiled by the next day.

Application Questions:

- Why didn't the people listen to Moses in these verses?
- Was Moses justified in his anger with them?
- Have you been tempted to think your way was better than God's in a specific circumstance recently? Share if you are comfortable.

Call to Action: Have a Plan

1. Pick a Time
2. Pick a Plan
3. Be Accountable

Application Questions:

- When (specifically) will you meet with God each day this week?
- What reading plan will you start?
- Who will you invite to hold you accountable?
- What has helped or hindered consistency for you in the past?

Where Are You Today?

Unbeliever - Jesus is the Bread of Life—only He satisfies

What are you currently looking to for satisfaction, and is it working?



GO GET YOUR MANNA

Exodus 16 | Pastor Bryan Bradshaw

4/12/2026

New Believer - Start building this daily rhythm now

What is one simple step you can take this week to begin meeting with God daily?

Starving Believer - It's been a while—come back

What has pulled you away, and what would it look like to return today?

Discouraged Believer - You're showing up but feel dry

Where might God be working even if you don't feel it yet?

Abiding Believer - Stay consistent and help others

Who can you encourage or walk alongside in their spiritual growth?

Reflection Questions:

What is one clear step God is calling you to take today?

What will it look like for you to “go get your manna” tomorrow?

Are you ready to commit to showing up daily?