



REPENTANCE TO RESTORATION: GOD'S PATTERN FOR CHANGE

2 Kings 22 & 23 | Pastor Mohan Zachariah

11/16/2025

Repentance is not just about emotions—it's about action that leads to change. God wants to bring restoration, but His pathway always begins with a heart that's broken over sin and a life that responds with obedience.

1. Admit Your Sin (22:11)

When Josiah heard the Word of God, he tore his clothes. That external act symbolized an internal reality: conviction and sorrow. True repentance begins when we stop justifying sin and start taking ownership.

Application Questions:

- Why is it so hard to admit our sin, even when we know we're wrong?
- What's the difference between worldly sorrow and godly sorrow (see 2 Corinthians 7:10)?
- When was the last time God's Word convicted you in a way that moved you to action?

2. Inquire of the Lord (22:12-20)

Josiah didn't rely on his own understanding—he sent people to seek a word from the Lord. When we repent, we must also seek God's heart and listen to His truth, not just our feelings.

Application Questions:

- Where do you tend to go first when you're convicted—your own logic or God's voice?
- What does it practically look like to "inquire of the Lord" when you feel burdened by sin?
- How can you build the habit of going to God first instead of last?

3. Make Your Covenant Known (23:1-3)

Josiah didn't just respond personally—he gathered the people and renewed the covenant publicly. Revival becomes contagious when individuals declare, "We will follow the Lord!"

Application Questions:

- Why is it important to publicly declare your commitment to God, not just privately?
- What covenants (or decisions) have you made that need to be renewed today?
- How does public commitment help others take their next step of obedience?

4. Destroy the High Places (23:4-20)

Josiah didn't just confess sin—he removed the idols and the structures that made it easy to keep sinning. True repentance leads to radical changes in the systems and habits of our lives.



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Application Questions:

- What are the “high places” in your life—things that compete with your full devotion to God?
- What makes it difficult to destroy those things, even when you know they're harmful?
- What's one action step you can take this week to eliminate a spiritual high place in your life?

5. Receive Your Restoration (23:21–23)

After repentance came celebration. Josiah restored the Passover—remembrance of redemption. Restoration isn't about perfection; it's about living in God's grace, mercy, and renewed relationship.

Application Questions:

- Why is it hard to receive restoration and forgiveness after we've messed up?
- How does remembering God's past redemption fuel our present obedience?
- In what area of your life do you most need to receive and walk in God's restoring grace?